## **FUN FOR EVERYONE!**

- The 5K Run & Walk welcomes participants of all ages
- FREE Kids Zone
  - Face Painting
  - Inflatables
  - Pumpkin Painting
  - Sand Art
  - Balloons
- Fun Run for Kids -Participation Awards
- Water & refreshments provided for all participants. (Fruit & Granola Bars)
- Trophies/Medals given to 5K Run Winners in various categories—including CASH PRIZE to 1st place overall male/female 5K finishers
- 5K Finisher Medals
- Prize given to Individual for Most Funds Raised
- Rain or Shine!
- #Crossroads5K\_Walk24



### QUAKERTOWN

### The Park at 4th

Quakertown, PA 18951







256 Trumbauersville Rd Quakertown, PA, 18951 215-538-7003 www.crossroads5k.com 2 0 7

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# Register Online (5K/Walk/Fun Run) www.crossroads5k.com

#### **FAMILY EVENT!**

Do you have kids who might not be interested in running or walking a long distance? We've got plenty of activities for them to do!





Event Details	
Location:	The Park at 4th Quakertown, PA 18951
Website	www.crossroads5k.com
Friday Packet Pick up/Registration (Recommended)	Oct. 3rd 1-6 pm at Crossroads Pregnancy Care
Saturday Packet Pick up/Registration	Oct. 4th 8:30-9:30 am at the Park at 4th
FREE Dri-Fit T-Shirt: Thru Sept. 13	For 5K Run & Walk and 1 Mile Walk ONLY
5K RUN & WALK	
Start Time:	5K Run/Walk: 10:15 am
Early Bird Registration: thru Aug. 22	\$30 per adult \$20 per child (12 & under)
Late Registration: Aug 23 - Oct 2	\$37 per adult \$27 per child (12 & under)
Friday & Saturday Packet Pick up/Registration: Oct 3 & 4	\$45 per adult \$35 per child (aged 12 & under)
Trophies awarded to: (Includes Cash Prize!) Medals given to:	1st place Male & Female Finishers overall 3 Top Male & 3 Top Female in various age categories: 10 & Under, 11-14, 15-18, 19-29, 30-39, 40- 49, 50-59, 60-69, 70+
WALK (1 Mile)	
Start Time:	Walk: 10:00 am
Early Bird Registration: thru Aug. 22	\$15 (all ages)
Late Registration: Aug 23 - Oct 2	\$20 (all ages)
Friday & Saturday Packet Pick up/Registration: Oct. 3 & 4	\$25 (all ages)
FUN RUN (.50 Mile)	
Start Time:	Fun Run: 11:15 am
Registration: Thru Oct. 4	Children 10 & Under Cost: \$10 Participation Awards given

## Who We Are...

Crossroads Pregnancy Care provides compassionate care, practical assistance baby clothing, etc.), (diapers, formula, educational support, and referrals to community human service agencies\*. We provide pregnancy tests, limited obstetric ultrasound for pregnancy verification, as well as STD testing and treatment. We provide support for those experiencing loss and grief from a past abortion. We also provide spiritual encouragement and support through Biblical counsel and studies for those clients who desire spiritual guidance.

Our second location in Perkasie, Crossroads Women's Center of Pennridge, offers medical services including pregnancy tests, limited obstetric ultrasound for pregnancy verification, as well as STD testing and treatment. Options counseling is also available.

All of our services are FREE and confidential.

Crossroads was established in 1985 and has served over 6,000 clients and their families in Upper Bucks County and surrounding communities.

<sup>\*</sup> We never refer for abortions

